

REGIONAL PERINATAL SYSTEM IN THE NEW MILLENNIUM

Regional Perinatal System (RPS) entered this new decade with many changes. It all began in March with a new director, Madonna Carlson RN, MEd and a move to a new office suite just next door. The address remains the same, only the suite is now **Suite 140**. The phone and fax numbers remain unchanged.

In April, May and June new staff was hired to fill vacant positions:

*Elaine Simon RN, MSN, FNP, CDE as the SDIC DAPP Coordinator,
Sharmila Chatterjee Msc, MS, RD as the SDIC DAPP Nutrition Consultant;
Jenny Lambert, MA as the CDAPP State-wide Data Coordinator; and
Richard Baran, BA and Anabel Soto, Office Administrative Assistants.*

Thank goodness Cynthia Peña, MPH, MSW and Barbara English continued to hold the office together during this transition, but they did not escape change; they now have new titles to better reflect their responsibilities. Cynthia is the CDAPP Resource Center Coordinator and Barbara is the Office Administrator.

July and August was a test of true patience. New software and computer technology were installed to assist with electronic communication and better interface with other programs and

organizations. Over the summer months, RPS planned annual activities, evaluated the department's strengths and challenges, and began redefining relationships with community organizations and programs. It was a very busy time.

RPS, in an effort to better serve the perinatal community, developed a few priorities for this year:

1. Clarify RPS's role and responsibilities to the perinatal community and the state contractor's requirements;
2. Assess local needs and issues relative to improving the quality of perinatal health care and outcomes;
3. Use data to suggest, validate and support the activities of RPS, and
4. Further develop the RPS Board, Advisory Council and Committees.

A few activities are underway which address these priorities including a professional education needs assessment and RPS board member interviews and questionnaires.

If you have any feedback for ways to improve upon RPS activities, this is a good time to voice them. Contact Madonna Carlson at 858-467-4990 with your suggestions and/or complete and return the form on page three. We look forward to hearing from you and you can expect to see more changes. The year is not over yet.

Sweet Success Introduction to Our New Team Members

Greetings! It is with great pleasure that Sweet Success announces some new additions to our CDAPP team. Elaine Simon has been selected as the new Program Coordinator for San Diego and Imperial counties. Over the past 16 years, Elaine has worked exclusively in diabetes management. Elaine has held positions at Sharp Grossmont, Scripps Hospital, East County and most recently at Kaiser Permanente. At her very first position as a diabetes educator and program coordinator at Sharp Grossmont, she worked with Madonna to establish the program as a Sweet Success Affiliate! Life truly does come full circle!

Jenny Lambert, MA is the new CDAPP Statewide Data System Coordinator. Jenny comes to us with a background in Health Psychology. In addition, Jenny has excellent experience as a researcher and data coordinator in the areas of health promotion and disease prevention. She has a special interest in reproductive health and women's wellness. She will be utilizing these skills to train all the CDAPP Program Coordinators in the use of the new data collection tool. Jenny will then be managing and analyzing this data. It will be very exciting to collect Sweet Success data once again to continue to demonstrate how our interventions make a significant impact in the health of women with diabetes.

Lastly, Sharmila Chatterjee, Msc, MS, RD is the new consulting dietitian. Sharmila has trained to be a dietitian both in India and at the University of Vermont. The subject of her Master's thesis was the therapeutic management of Gestational Diabetes. Sharmila most recently has worked at the Sharp Diabetes Center managing patients with all types of diabetes including pump patients. Sharmila's experience and enthusiasm will be an asset to our program. She will begin working with CDAPP in mid-September.

With our new team members in place, this fiscal year will be busy. Jenny Lambert will be training all the CDAPP program coordinators regarding the new data forms in August and September. On September 11, 12 and 13, Eliane will be conducting training in the use of the new data form for our region's affiliates. In addition, October 16 and 17 will be an affiliate training.

The new CDAPP members look forward to meeting and talking with you! Please do not hesitate to call us if we can be of assistance to you!



Regional Perinatal System Planning Questionnaire

Name/Credentials:

Agency/Affiliation:

Mailing Address:

City

State

Zip

Phone: () _____

FAX: () _____

The following perinatal issues are important to me:

- | | |
|--|---|
| <input type="checkbox"/> Perinatal Access to Care | <input type="checkbox"/> Standards of Care/Protocols |
| <input type="checkbox"/> Managed Care | <input type="checkbox"/> High Risk Infant/Maternal Care |
| <input type="checkbox"/> Perinatal Substance Abuse | <input type="checkbox"/> Preconception Care |
| <input type="checkbox"/> Parenting | <input type="checkbox"/> Perinatal Mental Health |
| <input type="checkbox"/> Family Assessment | <input type="checkbox"/> Home Visiting |
| <input type="checkbox"/> Infant Mortality | <input type="checkbox"/> Perinatal Outcomes |
| <input type="checkbox"/> Perinatal Data | <input type="checkbox"/> Other: |

My area of expertise is:

- | | |
|--|---|
| <input type="checkbox"/> Perinatal care | <input type="checkbox"/> Perinatal education |
| <input type="checkbox"/> Neonatal care | <input type="checkbox"/> Childbirth education |
| <input type="checkbox"/> Pediatrics | <input type="checkbox"/> Parenting education |
| <input type="checkbox"/> Health administration | <input type="checkbox"/> Lactation support |
| <input type="checkbox"/> Public health | <input type="checkbox"/> Other: |

I would like education offerings on the topic(s) of:

- | | |
|--|---|
| <input type="checkbox"/> NICU Nursing | <input type="checkbox"/> Labor and Delivery Nursing |
| <input type="checkbox"/> Basic Fetal Monitoring | <input type="checkbox"/> Perinatal Home Visiting |
| <input type="checkbox"/> Advanced Fetal Monitoring | <input type="checkbox"/> Breastfeeding |
| <input type="checkbox"/> Diabetes and Pregnancy Care | <input type="checkbox"/> Other: |

Send me RPS Information About:

- Board and Advisory Council
- Committee Activities
- Teaching Classes
- Education Calender
- Regional Perinatal Data

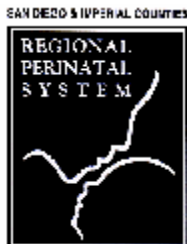
Send me CDAPP Information about:

- Classes
- Affiliation
- Guidelines for Care
- Education Material
- Other: _____

Other:

Mail to :

Regional Perinatal System
4542 Ruffner St. Suite 140
San Diego, CA 92111-2250



FAX to:

858-467-4993

UPCOMING CLASSES

SWEET SUCCESS AFFILIATE TRAINING

October 16 & 17, 2000
8:00 - 5:00 pm
UCSD Medical Center, San Diego
Camelot Building

RN's: Participants will receive 5.0 contact hours of credit for day 1 attendance and 6.5 CEU for day 2 attendance, (California B.R.N. Provider Number 00079).

LABOR, DELIVERY & RECOVERY NURSING (LDR) & MOTHER-INFANT COUPLET CARE (MIC) EARLY 2001

NEONATAL INTENSIVE CARE UNIT (NICU) COURSE EARLY 2001