

CRIBSHEET

SPRING 2004

The Regional Perinatal System Newsletter

INSIDE

San Diego Center for Patient Safety - ANNUAL PATIENT SAFETY CONFERENCE

by Lisa Cardenas, MHA

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On March 19, 2004, the San Diego Center for Patient Safety will host its Second Annual Patient Safety Conference at the Mission Valley Doubletree Hotel.

The overall theme of this year's conference is "Making care safer one patient at a time." There will be panels and workshops covering a wide range of safety topics, from addressing the role of information technology in healthcare to improving clinician-clinician communication. The conference objectives are: (1) To educate San Diego clinicians and the community about patient safety; (2) To discuss patient safety concerns common to multiple practice settings; and (3) To share ideas and enhance collaboration among healthcare providers.

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RENOWNED SPEAKERS

The program includes multiple nationally renowned speakers such as former astronaut James Bagian (Director of the VA National Center for Patient Safety), Charles Mowll (Executive VP for the Joint Commission (JCAHO)), Denise Murphy (Chief Quality Officer at BJC Healthcare, St. Louis), Vimla Patel, PhD (Professor of Medical Psychology and Education), and David Woods (a world expert on the analysis of catastrophic errors).

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Order Form and
Mailing List Update

BREAKOUT SESSIONS

New this year, are 8 practical seminars to enhance collaboration and to facilitate exchange of information and ideas among San Diego's healthcare leaders, risk managers, patient safety officers, and community clinicians. Each seminar will be lead by patient safety experts.

Seminar 1 - "Changing the culture of patient safety"

Seminar 2 - "The role of information technology in advancing patient safety"

Seminar 3 - "Kernicterus prevention" (presentation & discussion)

Sponsored by the Regional Perinatal System of San Diego and Imperial Counties

Seminar 4 - "Optimizing clinical staffing, workload, and fatigue"

Seminar 5 - "Improving clinician-clinician communication"

Seminar 6 - "Safety in the ambulatory setting"

Seminar 7 - "Medication safety and infusion systems"

Seminar 8 - "Putting the patient in patient safety"

Co-sponsored by the UCSD School of Medicine, this Conference is an accredited provider of continuing education for healthcare professionals.

Conference and registration information can be found on the San Diego Center for Patient Safety web site <http://cybermed.ucsd.edu/SDCPS> or **contact Lisa Cardenas at Regional Perinatal System at (858) 467-4990. We hope to see many of you at this very important and informative event!**

Bulletin Board

SPECIAL
ANNOUNCEMENTS
on page 5

Patient Safety
Conference

Neonatal Critical Care
Course



California Perinatal Transport System (CPeTS), Southern Region News & Updates

By Lisa Cardenas, MHA

CPeTS is happy to report incredible success with the implementation of the statewide perinatal transport and regional cooperation agreement survey. In collaboration with the Regional Perinatal Programs of California (RPPC), CPeTS has collected close to 500 surveys from various hospitals and birthing centers throughout California. In San Diego and Imperial counties, 99% of the birthing facilities participated in the survey.

Thank you to all RPPC Directors, staff, medical facilities and interviewees who participated in this endeavor. We hope to provide you with valuable feedback that will be useful in your practices.

Preliminary survey results will be available spring 2004, with the final report scheduled to be disseminated by June 2004. Initial findings indicate the issue of increasing the awareness of maternal health issues, facilities requesting assistance in formalizing maternal and infant transport policies and procedures, and a significant interest in participating in quality improvement initiatives.

Thank you to all hospitals who submit Infant Transport Record (ITR) forms. As a requirement by California Children's Services (CCS), all CCS licensed facilities are required to collect and submit infant transport data. After many months of developing the database, data entry and analysis, interim data reports are available for hospitals for the period of January 2003-June 2003. Reports are scheduled for mailing January - February 2004 to all hospitals who submitted data. If your facility did not receive your report, please contact the Regional Perinatal System/CPeTS Southern Region.

Lastly, CPeTS has undergone a recent staff change. The Southern Region Program Coordinator, Cathreena San Juan Kang, has left the program to pursue new career opportunities in health promotion. In the interim, please contact Lisa Cardenas or Madonna Carlson, CPeTS Southern Region Director, for any assistance you may need.

For more information on CPeTS activities or if you are interested in participating in a regional quality improvement task forces, please contact the CPeTS Southern Region office at (858) 467-4990 or visit the program website at www.perinatal.org.



Kit for New Parents: San Diego Welcome Baby Program

A Project of First 5 San Diego

News & Updates

By A. Elizabeth Creer, RN, FNP, MPH

Kit Distribution & Partner Support:

Since January 2002, we have ordered over 86,000 Kits for our Partners to distribute to new parents. Distribution Partners are agencies that serve pregnant families and parents of children 0-5 years of age. Currently more than 500 Partners have incorporated Kit distribution into their work, and we appreciate their assistance in reaching new parents.

The Welcome Baby Program (WBP) makes site visits to support Partners in their efforts to distribute Kits. The visits provide time for communication and relationship building. Partners have been sent a "Client Demographics Survey" to provide information on the range of parents they see. This data will help us recruit a variety of Partners and ensure the Kit is reaching all new parents. It is a priority this year to recruit additional Partners in the north and east areas of the county as well as those who serve parents of children with special needs.

There are two ways for parents to receive a Kit: 1) from a Partner agency, 2) by calling a toll-free number. The First 5 California has developed a new poster and tear-off reminders that will encourage parents to call the toll-free number to have a Kit sent directly to their home.

We have had all six Kit videos re-recorded onto 3-hour tapes that can be used in waiting areas, for example. The videotapes were recorded in three different ways: 1) all English; 2) all Spanish; 3) alternating English/Spanish. They are available free of charge to our Distribution Partners and others who could use them.

A 3-hour training session, "Creating Teachable Moments with the Kit for New Parents", has been well-received and will continue to be offered to Partners twice a year. The training is now also available in Spanish.

Kit Evaluation:

The Welcome Baby Program evaluated San Diego parents' response to the basic Kit. Over 500 parents filled out a baseline survey and participated in a follow-up phone call six weeks later to give their opinions. Data indicate parents appreciate the Kit, learn from it, and report changing some parenting behaviors as a result of the Kit. A full written report is available on our web site.

Local Kit Additions:

The WBP has developed a list of local resources for parents of children 0-5. The brochure and a magnet with emergency numbers will be added to the basic Kits that are sent to San Diego County.

A Special Needs Task Force has been formed to guide the Welcome Baby Program in the development of an additional item that will be inserted into all San Diego County Kits: a growth chart with developmental milestones to help parents observe their child's progress. It will include resources for parents who have questions about their child's development.

For more Welcome Baby Program information, please contact us.



Pregnancy Passport Program Preliminary Focus Group Results

by Jessica Gorman, MPH

This is a preliminary analysis of data from five focus groups conducted between July and December 2003. We chose focus groups as an evaluation method to gain qualitative, in-depth information about women's opinions of the Pregnancy Passport, how they use it, and their recommendations for improvements. Twenty-six women have participated in focus groups, about 10% of program participants. These were conducted in Spanish and notes were later translated into English. Answers to each question were combined together for analysis.

Focus group participant characteristics:

- *26 (all participants) were Spanish-speaking
- *16 had been pregnant before
- *10 were first time moms
- *23 were pregnant at the time of the focus group
- *3 were post-partum

Focus group questions focus on four main areas: (I) Design of the Pregnancy Passport and program materials; (II) Use of the Pregnancy Passport; (III) Health behavior and changes in knowledge; and (IV) Quantitative information about this and previous pregnancies. Most questions were open-ended to encourage discussion and allow participants to determine the direction of the response. The aim was to allow individuals to respond based on their particular situations and opinions. Some specific quantitative questions, such as those on pregnancy history, were also included.

Overall, participants were very positive about the Pregnancy Passport and felt that it was both valuable and easy to use. Participants also provided some specific recommendations for changes to the design and content of the Passport. Three main themes that emerged as most common in a combined analysis of participant feedback:

1. Valuable information about lab tests and preterm labor
2. Increased involvement and communication with providers
3. Ease of Passport use

1. Valuable information about lab tests and preterm labor

Participants found the Pregnancy Passport to be very informative. They commented repeatedly on the benefits of having their prenatal lab information recorded on the Passport and available for both themselves and their healthcare providers. Most women reported that they had been previously unaware of what lab tests were being done, why they were being done, and what the results meant, including women who had been pregnant before. The definitions of lab tests were seen as very informative and helped women to understand what tests were being

done and why.

With the list of definitions we have more information on the tests that are being conducted and sometimes we are told about a certain test and we forget the information...with the passport we are able to go back and read the information.

Women also reported that the lab information would be important to them in cases of emergency and that it made them feel more comfortable knowing that they could carry this with them at all times.

I feel more comfortable because in my previous pregnancies I never had anything to carry with me...now I feel more comfortable and secure with the Passport.

Finally, when asked how they used the information about preterm labor signs and warning signs of pregnancy, women said that they read this information and found it to be informative and valuable. Some reported that their providers discussed the information with them while others said that their providers did not review preterm labor signs with them. Overall, women felt that the Passport made them more aware of signs to watch for and helped them pay closer attention to their bodies during pregnancy.

I never had problems in my previous pregnancies, therefore I didn't think I would need to know this information, but after reading the Passport, I realized that this information is important to me and my baby.

I was given this information [on preterm labor] during my sixth month in pregnancy, but I didn't think it was that important. After reading the information on preterm labor in the Passport I was paying more attention to my body even though I had no problems.

2. Increased involvement and communication with providers

When asked about how they used the Pregnancy Passport during their prenatal care, women reported that it helped them to ask questions at their prenatal visits. Many women had not asked questions before because they did not know what questions to ask. Specifically, the Passport enabled women to ask more questions about the tests being done during pregnancy and their lab test results.

Before the nurse would ask me if I had questions and I would say no, now I walk into my appointments with questions.

I was able to ask questions when they wrote down information on a lab test. Before my doctor would write



Continued from page 3.

this information down and I never had anything to take home with me or knew that certain tests were being conducted. Now I can ask what is being done to me... it has educated me to ask questions.

Many women also reported that the Passport helped to improve their communication with their providers.

I feel that my communication with my nurse was better than my previous experiences [pregnancies] because as my nurse explains something she refers to the Passport and also explains the information as she records it.

3. Ease of Passport use

All focus group participants agreed that the Passport was easy to use and carry with them in a purse or other bag. Women also said that they liked the plastic holder because it protected the Passport and also allowed them to keep important documents together in one place (such as insurance cards and immunization records.) Women also liked the design and color of the Passport, found it easy to read and said the instructions were clear. They made very few suggestions for changes to the Passport's design or content.

The Passport is very practical because it is small, it contains important information and it fits in my purse allowing me to take it with me to all places.

Evaluation of this program is ongoing and we will continue to conduct focus groups and interviews with English- and Spanish-speaking women through March 2004. In addition, we are collecting survey data from women and health care providers who are using the Passport. A final evaluation report will be written in spring 2004. For additional information or comments, please contact Jessica Gorman at 858-467-4990.



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Please note some references for the Winter 2003 Cribsheet article "Involving Women in Antenatal Care: The European Model of Carrying Antenatal Records" page 4 were missing. They are being reprinted for your information.

References: Women-Carried Antenatal Record

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- Elbourne, D. Richardson, M. Charlmers, I. & Holt, E., (1987). The Newbury Maternity care study: a randomized controlled trial to assess a policy of women holding their own obstetric records. *British Journal of Obstetrics and Gynecology*; 94, 612-619.
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UPCOMING CLASSES

SAVE THE DATES!

Staff Education & Developments Presents:
NEONATAL CRITICAL CARE COURSE

7:30 am - 5:00 pm

March 30, 2004

April 7, 2004

April 16, 2004

May 24, 2004

For further information regarding these courses,
please call (858) 966-5941

**Impact of Maternal Thyroid Status on Pregnancy
and Fetal and Childhood Development**

April 2, 2004

For further information :

Registration/Confirmation/Certificates call:
(410)955-3169/(410)955-2959/(410)955-0807

OB Stat, Inc. presents:

Advanced Concepts of OB Transport

June 9 & 10, 2004

San Jose, CA

Call Pam Adams, RN to register at
(828) 684-1708

Illustrations

Artwork courtesy of Regional Perinatal System

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UPCOMING CONFERENCES

San Diego Center for Patient Safety Presents the
Second Annual

PATIENT SAFETY CONFERENCE

Friday, March 19, 2004

For more information visit our website at:

<http://cybermed.ucsd.edu/SDCPS>

or call us @ (858) 642-3461

6th Annual Meeting of the North American Diabetes
in Pregnancy Study Group

**Breakthroughs in Diabetes Care During
Pregnancy**

May 20-22, 2004

For more information Contact:
Office of Continuing Medical Education
University of California, San Diego at:

toll free -1-888-229-6263

or register online at:

<http://cme.ucsd.edu/diabetes>

UCSD Medical Center's Infant Special Care
Center Presents:

Mentioning the Unmentionable

April 28, 2004

For further information contact:

Mary Hackim at 619-543-3519

or email at: mhackim@ucsd.edu

Children's Hospital Staff Development presents:

S.T.A.B.L.E Program

May 5, 2004

For further information

(858) 966-5941

Scripps Memorial Hospital, La Jolla presents:

Infertility Surrogacy & Adoption

June 7, 2004

For further information call

1-800 727-4777

" dedicated to quality perinatal care for mothers and newborns in San Diego and Imperial Counties."



Order Form and Mailing List Update

Name/Credentials

Agency/Affiliation

Mailing Address

City

State

Zip

Phone

Fax

Email

Please send me RPS information about: Please send me CDAPP information about:

- | | |
|--|--|
| <input type="checkbox"/> Board and Advisory Council | <input type="checkbox"/> Classes |
| <input type="checkbox"/> Committee Activities | <input type="checkbox"/> Affiliation |
| <input type="checkbox"/> Perinatal Nurse Leaders Council | <input type="checkbox"/> Guidelines for Care |
| <input type="checkbox"/> Perinatal Nurse Educators | <input type="checkbox"/> Education Material |
| <input type="checkbox"/> Maternal & Newborn Nursing Care | <input type="checkbox"/> GDM Screening & Diagnosis Worksheet |
| <input type="checkbox"/> Educational Opportunities | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Other _____ | |

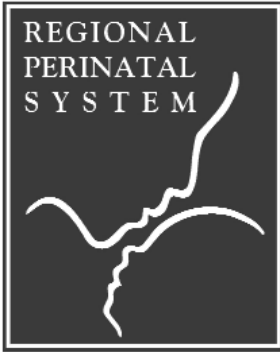
Please send me information about
The Kit for New Parents on:

- Becoming a Distribution Partner
- Ordering Kits
- Other _____



Mail or Fax to:
Regional Perinatal System
4542 Ruffner Street, Suite 140
San Diego, CA 92111-2250
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www.regionalperinatalsystem.org

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