

Table 8. EXAMPLES OF VARIOUS INSULIN REGIMENS, revised 2004

	Time of Day			
	0800 (pre-breakfast)	1200 (pre-lunch)	1800 (pre-dinner)	2100 (bedtime)
1. Rapid/Short Acting + Intermediate	--		Rapid/Short Acting + Intermediate	--
2. Rapid/Short Acting + Intermediate	Rapid/Short Acting		Rapid/Short Acting + Intermediate	Intermediate
3. Rapid/Short Acting	Rapid/Short Acting		Rapid/Short Acting + Intermediate	--
4. Rapid/Short Acting	Rapid/Short Acting		Rapid/Short Acting + Intermediate or Long	--
5. Rapid/Short Acting	Rapid/Short Acting		Rapid/Short Acting	Intermediate or Long
6. Rapid/Short Acting + Intermediate	--		Rapid/Short Acting	--

Modified from: Buchanan, 1994 and Davidson, 1998